

S.L.A. CENTER:

(located next to the Cafeteria)

NEED A TUTOR?

Stop by the SLA Center and sign up for one! Tutorials for ALL subjects are available:)

Teacher Education Program Announcements!(page 6)

A message from the Library ©

(page 8)

Trades & Technology Division and the World of Electronics!

SSS Announcements!!!

GREAT
OPPORTUNITIES!!!

Marine Science Internship open to ALL students!!

ASCC Matai Alumni Scholarship

ASG Scholarship & Loan Information

411 FEATURES:

STUDENT SERVICES
IMPORTANT ANNOUNCEMENTS
CAMPUS EVENTS/UPDATES
ASCC PRESS RELEASE

SGA CALENDAR OF ACTIVITES					
October 2	SGA Clubs: Field Games -Hot Dog Eating Contest Apple Bobbing Contest				
October 4	SGA/Marine Science: Save the Reef "Jingle" Contest: ASCC Gym				
October 8	HOLIDAY: Columbus Day				
October 9	SGA Council Meeting				
October 9-12	Mid-Term Week				

October 11	SGA Clubs Workshop			
0.11.46	"Starting a Business": Lecture Hall			
October 16	Congressional Forum: ASCC Gymnasium			
0.11.40	12:30-2:00pm			
October 18	Gubernatorial Forum: ASCC Gymnasium			
0.454.022	12:30-2:00pm			
October 23	SGA Council Meeting with Miss ASCC Contestants			
October 25	MTV Showdown: ASCC Gymnasium			
0.11.0000	Performance by ASCC American Idol Winner			
October 29-30	SPIRIT WEEK			
October 31	HALLOWEEN			
	SGA/Clubs Halloween Treats for ASCC Employees & Students			
November 2	SGA Meeting with ASCC President			
November 5	Miss ASCC Contestant's Photo Shoot			
November 6	American Samoa Election Day			
	SGA Council Meeting			
November 12	HOLIDAY: Veterans Day			
	Miss ASCC Contestant's Platform Presentation			
	Lecture Hall			
November 14	Miss ASCC Parade: ASCC Campus			
	Luncheon with Media: ASCC Cafeteria			
November 15	Miss ASCC Ava Competition: Fale Samoa			
November 16	Miss ASCC Rehearsal: ASCC Gymnasium			
November 17	Miss ASCC Pageant: ASCC Gymnasium			
November 20	Field Games			
N 1 00	-Pie Eating Contest -FREE Thanksgiving Lunch			
November 22	HOLIDAY: Thanksgiving			
November 23-25	SGA Retreat			
November 29	SGA Final Activity			
	"Club Battle: Dance Competition"			
November 30	Last Day of Instruction			
December 3-5	Final Exams			
December 3	Student Body Coffee Break			
December 4	Club Awards			
December 5	Student Body Coffee Break			
December 7	SGA Farewell Gathering			
December 12	Prospective Graduates Banquet/Awards			
December 14	ASCC Fall 2012 Commencement			

COUNSELING SERVICES OFFICE

(located in the Cafeteria)

Personal and Academic Counseling / Career Counseling / YANA

- Students who have any personal issues such as: peer pressure, family issues, thoughts of suicide, relationship problems, dealing with emotional distress, and just need someone to talk to... please see the Personal Academic Counselor- Alison Hurst or call 252-YANA (9262) or email: {yana@amsamoa.edu}



- Students seeking assistance in resume writing or job coaching are encouraged to visit the Career Counselor- Alison Hurst or email her at a.hurst@amsamoa.edu
- > Transferability Counselor

Prospective graduates must come in to see counselors at their offices located in the cafeteria for the following:

- Fill out an Exit Counseling Survey
- Transferring to a 4-year college or university for assistance with college search, filling out college applications, and retrieving college document checklists
- Diversity & Tutorial Counseling
- *If you have any problems seeing any of the counselors in person, you can contact them via interoffice extension: 362 or email: Matesina {m.willis@amsamoa.edu}, Annie {a.panama@amsamoa.edu}, Alison {a.hurst@amsamoa.edu}

STUDENT LEARNING ASSISTANCE CENTER



Tutorials (FREE)

- Students interested in getting tutored in any subject, please come see us at the Student Learning Assistance (SLA) Center ©

SLA Center Hours: 8:00-3:30

*During finals, we will be open from 8:00am-4:00pm

- All tutorials are free and appointments are made with Lydian Tinitali (1.tinitali@amsamoa.edu), or any of the available staff members in the SLA Center.
- *Please see attached tutorial schedule.

tutors of the month







411 Newsletter

Departments, Offices, Students, Clubs etc, who wish to make announcements via the bulletin, please stop by and see Mrs. Deidra Saelua, or simply send info to d.saelua@amsamoa.edu

VETERANS AFFAIRS



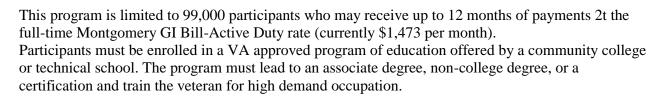
VA Coordinator/ Student Employment (Non-Pell)

Public Law 112-56, VOW to Hire Heroes Act of 2012

On November 21, 2011, the President signed Public Law 112-56, the VOW to Hire Heroes Act of 2011. Included in the Law is the Veterans Retraining Program for unemployed veterans. VA and the Department of Labor (DoL) are working together to roll out this new program on **July 1, 2012.**

A brief summary of the new law is outlined below:

- Be between the ages of 35-60
- Be unemployed (as determined by the DoL) with special consideration given to veteran who have been unemployed for more than 26 weeks.
- Have any other than a dishonorable discharge.
- Not eligible for any other VA educational benefit program (e.g. the Post 9/11 GI Bill, Montgomery GI Bill, and Vocational Rehabilitation & Employment Assistance).
- Not be in receipt of VA compensation due to unemployability.
- Not be enrolled in a federal or state job training program.



Applications will be submitted through DoL and benefits paid by VA. DoL will provide employment assistance to every veteran who participates, upon completion of their program. Note: The key is...must be enrolled in a VA approved program of education offered by a Community College or Technical School as stated above. The program begins July 1, 2012. Please visit the GI Bill website www.gibill.va.gov or GI Bill Facebook page for more details on when, where and how to apply.

For more information contact Mrs. Fualaau Rosie Tago Lancaster @ 699-9155 x426. Email: f.lancaster@amsamoa.edu, or visit the GI Bill website: www.gibill.va.gov. The Veteran Affairs/Student Employment Office is located directly behind the cafeteria.

ASCC Press Release

Tuesday, October 02, 2012

ASCC Foundation Launches Support Drive

By James Kneubuhl, ASCC Press Officer

This month, the American Samoa Community College (ASCC) Foundation will begin an ongoing series of fundraising activities to raise supplemental resources designed to assist the College in expanding its programs and services in areas not covered at the present time by the institution's existing resources. "Our long term goal is to secure support from the public that will enable ASCC to improve our staff and



faculty's skills, provide essential facilities and equipment, and ensure student access to scholarships and other assistance," said Foundation Director John Ah Sue.

Formed in 1970, the same year that ASCC was established, the ASCC Foundation seeks supplemental resources to assist the College in accomplishing its mission. The ASCC Foundation is committed to helping maintain the high quality of education students receive from ASCC, a goal which can only be achieved when adequate funding is secured for activities such as professional development, utilization of current educational technology, and providing resources for qualified students who are not eligible for the same federal assistance as most young adults in American Samoa.

"Our registration numbers are higher than ever, and the College seeks to expand its services and capabilities in needed areas," said Ah Sue, "but at the same time we need to stay within our allocated resources from the government. The ASCC Foundation will make a direct appeal to the Community to not only help maintain the high level of education for our students, but also to help us go that extra mile in areas of crucial need. The more the community supports us, the more we can improve."

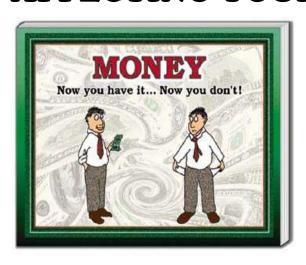
Ah Sue explained that the Foundation's appeal to the public will initially take the form of contacting individuals and business by mail. "We would like to establish one-on-one relationships with any individuals or companies who can offer support," he said, "so that we can accommodate both those who would like recognition for their support as well as those who prefer more discretion. As the Foundation becomes established, we will look at ways to offer opportunities to support ASCC through different kinds of activities and public events." He said that all donations to the College through the Foundation are tax-deductible, with the Foundation having secured its 501-C status.

"Through the Foundation, we hope to network with friends and supporters of ASCC," said Ah Sue. "Whether they'd like to just make a small contribution or whether they're interested in facilitating a tax deductable scholarship in the name of individuals, organizations or businesses, we welcome all contact with members of the public and private sectors. We hope that the community as well as those living abroad with local roots will see supporting ASCC as an investment in American Samoa's future. With our current economic situation, as well as the cost of going off-island for college, we need to offer our sons and daughters the best educational opportunities that we can provide here on island. While the College does the best it can with its existing resources, the more we can increase our support from the public, the more avenues of opportunity we can offer our students."



Anyone seeking more information on the ASCC Foundation can contact John Ah Sue directly at 699-9155, ext. 301 or 401. Inquiries by mail can be addressed to American Samoa Community College Foundation/ P.O. Box 5200/ Pago Pago, American Samoa/ 96799. The Foundation's email address is foundation@amsamoa.edu. Those seeking more information online can visit www.asccfoundation.org or the Foundation's Facebook page at www.facebook.com/AmericanSamoaCollegeFoundation.

COME SEE WHAT'S NEW WITH YOUR FINANCIAL AID AND HOW IT'S AFFECTING YOUR SCHOOLING!!





WHAT: Financial Aid Campus-Wide Workshop

WHEN: Tuesday & Thursday (October 9 & 11)

WHERE: ASCC Lecture Hall

TIME: 12:30-2:00pm



ASG Scholarship & Loan Applications

Applications will be available for pick up on October 29, 2012 through November 23, 2012. Please not that November 23, 2012 is also the deadline to submit your application. Please bring a copy of your "student copy" transcript when you pick up an application.



Student Support Services (SSS)

We offer **FREE** tutorial services, academic and personal counseling for all SSS active & alumni participants **Tutorial/Computer Lab opens 7:30-3:30pm**

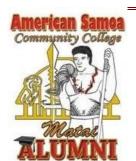
Tutorial Services-

ELI & Remedial Math students interested in tutorial sessions, visit SSS Lab (ELI Building) or contact the SSS Tutor Coordinator-Amber Fuaga, 699-9155 ex. 415 or email {a.fuaga@amsamoa.edu}

Counseling Services-

If you need Academic & Personal counseling or any counseling services to improve your financial aid and economic literacy, or just need someone to talk to *-Please contact*Hipa Neria, 699-9155 ex. 363 or email h.neria@amsamoa.edu

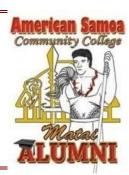
*Please find attached tutorial schedule



ASCC Matai Alumni Scholarship

Applications are now available!!!
Please stop by the Student Services Office and pick up an application from Matesina Aseta-Willis.

Due Date: October 19, 2012





Announcements from the Teacher Education Program!!

*ALL B.Ed students and Education majors are strongly encouraged to meet with their advisors. PLEASE make it a point to check in with your advisor for advising.

B.Ed. applications are still available at our office (located on upper campus). Students who are interested are encouraged to stop by and pick up applications from there. Students must have either an AA or AS degree to apply. Funding is available for B.Ed. students.

See Dr. Lina Galeai-Scanlan, Director of Teacher Education for more information.

WELCOME TO THE WORLD OF

ELECTRONICS!!!

ELECTRONIC TECHNOLOGY IS ALL ABOUT:

COOL GADGETS









ADVENTURE



BOOMING BUSINESS









PROGRAMS IN ELECTRONICS:

- **Associates of Science in Electronic Technology**
- **Certificate of Proficiency in Electronics**
- Certificate of Proficiency in Electronic with an emphasis in Communication Systems
- Certificate of Proficiency in Electronic with an emphasis in Computer Systems
- Certificate of Proficiency in Electronic with an emphasis in Consumer Electronics

CAREERS IN ELECTRONICS:

- FAA Technician (Federal Benefits)
- ASTCA or BLUE SKY (Verizon, AT&T,etc.)
- **Army Communication Specialists**
- Navy.com-Intelligence, Telecommunication, Radar
- American Samoa Power Authority (ASPA)
- **Biomedical Engineering**
- Retail Stores (ACE, WALMART, BEST BUY, etc)
- **Instructor or Teacher (Voc-Tech currently need one)**
- Run your own electronic repair shop

We are living in the 21st Century! Technology is one of the fastest growing fields in the world. As per the United States Bureau of Labor Statistics, job opportunities in the field of technology shall continue to grow at a higher rate than the growth rates of other professions through the year 2014. The average salaries in the field of technology have also been traditionally higher than the average salaries in other occupations most of the times!!

© CAREER STUDENTS ©



Abraham Soli (ASTCA)
Telecommunication Technician



Fineaso Falefata (Self Employeed) Electronic/Computer Technician



Tony Ah Kau (Bluesky)
Information Technology (IT)Tech Support

Future Projects Accountability Remote Control Lighting System Associates of Science Degree Schools Radio Station Certificate of Proficiency **Independent Power System** Resume builder **RC Vehicles (Communications)** Certification **Employment** L.E.D Sign in Samoan Words (Business) **Robotic Courses** References Microprocessor Fiber-Optic Cabling **Installation of Security Systems** Certifications (locally, comptia, iscet, etc.) Complete Electronic/Computer Shop

50 WHAT ARE YOU WAITING FOR???

Come on down to the Trades and Technology Department and learn more about this exciting opportunity!! Students who are interested should stop by our office or contact Mr. Taetuli La'ulu @ 699-9155 ext. 457, or email: t.laulu@amsamoa.edu

ASCC's Marine Science Program is Now Accepting Applications for \$ Paid Internships \$

(All students interested in marine science are encouraged to apply, regardless of major)

Department of Commerce

Fagatele Bay

Sea Grant ASCC Marine Science



MPSA AS Coastal Management Program

See the marine science coordinator, Kelley Anderson Tagarino, in A-6 for an application, or email **K.Anderson@amsamoa.edu**

CHRISTIAN CLUB SIGN-UP!!!

If you are interested in joining the "Christian Club" please contact the Club Officers at 731-7329 or 731-5404. You can also stop by Mrs. Fa'alafi-Jones' office for more information! Looking forward to meeting you @@@

ASCC Library Catalog Online Search

Are you looking for a specific book at the library, but have no idea where to find it? Well, not to worry, our online library catalog search is now available. You can search for the call number on the college website www.amsamoa.edu and click on the "Search Library Catalog" link located on the left hand side of the website. For more information concerning this online service contact us at 699-9155 Ext: 418 or 330.



How to make a Library Card

Stop by at the ASCC Library and make a library card! Documents needed for a library card are:

> 1. Valid Local Photo ID or Passport 2. Class schedule 3. Social Security Card

Notice: First time library cards are free of charge, but \$7.00 for a Lost Card.

Are you looking for information about Samoa and the Pacific Islands for your research paper?

The Library Special Collection Room has information that you need!

Hours: 7:30am - 4:00pm (Mon-Fri)

Check it out and find out more about the Samoan Islands, as well as other Pacific Islands!!!

Haven't decided where to continue your education???



University of Pittsburgh, Bradford

The University of Pittsburgh, Bradford is ideal for both domestic and International students. For those students who are "risk takers" and who would like to explore new and better opportunities....or would just like to experience the East Coast, please see Mana'o at the SLA Center or check out their website: <www.upb.pitt.edu> for more information.

REMINDER: ZERO TOLERANCE POLICY

Students! Please know and understand that this policy is very crucial.

Zero Tolerance Policy

"As with any community educational environment certain policies are established to ensure health and safety of all the students and employees of the institution.

ASCC defines zero tolerance as: the strict application of consequences regarding violation of ASCC's rules on weapons, explosives, fighting, drugs, and alcohol. If a student is found to have violated any of aforementioned rules, then the consequences shall be applied without exception." If you have any questions regarding this policy, please refer to the ASCC Catalog (hard copy or ASCC Website), or see the Dean of Student Services.

CAMPUS SECURITY INFORMATION



Business Hours After Hours 699-9155 x305 699-6299

TUTORIAL SCHEDULES FALL 2012

Office Hours & Daily Schedule Victor Tavita Ualesi Science Lab Technician/Assistant

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	
8:00 – 9:00		0	FFICE HOUR	S		
9:00 – 10:00	OFFICE HOURS		OFFICE HOURS	OFFICE HOURS		
10:00 – 11:00	OFFICE HOURS	BIO 150 LAB Dr. Chang A-17 (9:30 – 12:20)	CHM 150 LAB	OFFICE HOURS	Ą	
11:00 – 12:00			(9:30 – 12:20)	Dr. Dewees A-30	OFFICE HOURS	/AIL/
12:00 – 1:00	OR -			(10:00 –	(10:00 – 12:50)	OFFICE HOURS
1:00 – 2:00	AVAILABLE FOR TUTORIAL	PHSCI 150LAB	BIO 150 LAB	BIO 180 LAB & PHSCI	AVAILABLE F TUTORIAI	
2:00 – 3:00		Dr. Dewees A-45 (2:00 – 4:50)	Dr. Belle A-17 (1:00 – 3:50)	150LAB Dr. Belle &	FOR 1	
3:00 – 4:00				Dr. Dewees (2:00 – 4:50)		

SSS Tutorial Directory Fall 2012

SSS OFFICE HOURS 7:30-4:00PM AMBER FUAGA MATH & ENGLISH TUTOR COORDINATOR

SSS Tutorial/Computer Lab opens 7:30-3:30pm ELI English (Regular & CAPP)

Peer	Monday	Tuesday	Wednesday	Thursday	Friday
Tutor					
Sia Niupulusu	Off	7:30 am- 12:00 pm	Off	7:30 am- 12:00 pm	Off
John Fuamatu	10:00am- 1:00 pm	11:00 am- 12:00 pm	10:00 am- 1:00 pm	11:00 am- 12:00 pm	10:00 am- 1:00 pm
Ana Lotulelei	10:00 am- 11:30 am 1:00 pm- 2:30 pm	10:00 am- 12:00 pm 2:00 pm- 3:00 pm	10:00 am- 11:30 am 1:00 pm- 2:30 pm	10:00 am- 12:00 pm 2:00 pm- 3:00 pm	10:00 am- 11:30 am 1:00 pm- 2:30 pm

Math 80& 90 (Regular & CAPP)

Peer	Monday	Tuesday	Wednesday	Thursday	Friday
Tutor					
Sia Niupulusu	Off	7:30 am- 12:00 pm	Off	7:30 am- 12:00 pm	Off
Ana Lotulelei	10:00 am-	10:00 am-	10:00 am-	10:00 am-	10:00 am-
	11:30 am	12:00 pm	<u>11:30 am</u>	12:00 pm	11:30 am
	1:00 pm-	2:00 pm-	1:00 pm-	2:00 pm-	1:00 pm-
	2:30 pm	3:00 pm	2:30 pm	3:00 pm	2:30 pm
Rana Falealii	10:00 am-	10:00 am-	Off	10:00 am-	12:00 pm-
	12:30 pm	1:00 pm		1:00 pm	1:00 pm
Tim Johnson	8:00 am-	11:00 am-	8:00 am-	11:00 am-	8:00 am-
	9:30 am	1:00 pm	9:30 am	1:00 pm	9:30 am
	12:00pm-		12:00 pm-		12:00 pm-
	1:00 pm		1:00 pm		1:00 pm

MATH TUTORIAL SCHEDULE FALL 2012

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-9:00 am	Meto Meredith				
	Wittenberg Mariner		Wittenberg Mariner		Wittenberg Mariner
9:00-10:00 am	Meto Meredith	Staff	Meto Meredith	Staff	Meto Meredith
	Wittenberg Mariner		Wittenberg Mariner		Wittenberg Mariner
10:00-11:00 am	Meto Meredith	Ulysses Hopkinson	Meto Meredith	Ulysses Hopkinson	Meto Meredith
	Meto Meredith	Iris Hirata	Meto Meredith	Iris Hirata	Meto Meredith
	Wittenberg Mariner	Meto Meredith	Wittenberg Mariner	Meto Meredith	Wittenberg Mariner
		Myranda Parungo		Myranda Parungo	
11:00-12:00 pm		Ulysses Hopkinson		Ulysses Hopkinson	
12:00-1:00 pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00-2:00 pm	Meto Meredith	Iris Hirata	Meto Meredith	Iris Hirata	Meto Meredith
	Myranda Parungo	Meto Meredith	Myranda Parungo	Meto Meredith	Myranda Parungo
	Ulysses Hopkinson	Myranda Parungo	Ulysses Hopkinson	Myranda Parungo	Ulysses Hopkinson
		Wittenberg Mariner		Wittenberg Mariner	
2:00-3:00 pm	Meto Meredith	Iris Hirata	Meto Meredith	Iris Hirata	Meto Meredith
	Myranda Parungo				
	Ulysses Hopkinson		Ulysses Hopkinson		Ulysses Hopkinson
3:00-3:30 pm	Meto Meredith	Iris Hirata	Meto Meredith	Iris Hirata	Meto Meredith
		Myranda Parungo	Ulysses Hopkinson	Myranda Parungo	Ulysses Hopkinson

ALL OTHER SUBJECTS TUTORIAL SCHEDULE FALL 2012

Y					
Hours	Monday	Tuesday	Wednesday	Thursday	Friday
8:00am – 9:00am	Staff	Staff	Staff	Staff	Staff
9:00am – 10:00am	Staff	Sinaretta Schwenke	Staff	Sinaretta Schwenke	Staff
10:00am – 11:00am	Aneta Afeleti* Barbara Sikoloni** Sinaretta Schwenke***	Barbara Sikoloni Sinaretta Schwenke	Aneta Afeleti Barbara Sikoloni Sinaretta Schwenke	Barbara Sikoloni Sinaretta Schwenke	Aneta Afeleti Barbara Sikoloni Sinaretta Schwenke
11:00am – 12:00pm	Aneta Afeleti Barbara Sikoloni Sinaretta Schwenke	Barbara Sikoloni Sinaretta Schwenke	Aneta Afeleti Barbara Sikoloni Sinaretta Schwenke	Barbara Sikoloni Sinaretta Schwenke	Aneta Afeleti Barbara Sikoloni Sinaretta Schwenke
12:00pm – 1:00pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00pm – 2:00pm	Staff Barbara Sikoloni	Aneta Afeleti Barbara Sikoloni	Staff Barbara Sikoloni	Aneta Afeleti Barbara Sikoloni	Staff Barbara Sikoloni
2:00pm – 3:00pm	Aneta Afeleti Barbara Sikoloni	Staff Barbara Sikoloni	Aneta Afeleti Barbara Sikoloni	Staff Barbara Sikoloni	Aneta Afeleti Barbara Sikoloni
3:00pm - 3:30pm	Staff	Staff	Staff	Staff	Staff
*Samoan Tutor **Volunteer (Samoan/ELI) ***Businesss Tutor					

English Tutorial Schedule Fall 2012						
Hours	Monday	Tuesday	Wednesday	Thursday	Friday	
8:00-9:00 am	Bambridge Lin	Bambridge Lin	Bambridge Lin	Bambridge Lin	Bambridge Lin	
	Tala Ropeti	Angel Tipi	Tala Ropeti	Angel Tipi	Tala Ropeti	
	Maria Magalasin		Maria Magalasin		Maria Magalasin	
					Angel Tipi	
9:00-10:00 am	Bambridge Lin	Angel Tipi	Tala Ropeti	Angel Tipi	Bambridge Lin	
	Togilau Galea'i	Togilau Galea'i	Togilau Galea'i	Togilau Galea'i	Tala Ropeti	
	Maria Magalasin		Maria Magalasin		Maria Magalasin	
					Fuimey Lin	
10:00-11:00 am	Angel Tipi	Ella-Monique	Togilau Galea'i	Ella-Monique	Tala Ropeti	
	Fuimey Lin	Mary Cheung-Fuk	Fuimey Lin	Mary Cheung-Fuk	Angel Tipi	
					Fuimey Lin	
11:00-12:00 pm	Senetenari Malele	Bambridge Lin	Ella-Monique	Bambridge Lin	Senetenari Malele	
	Mary Cheung-Fuk	Tala Ropeti	Mary Cheung-Fuk	Tala Ropeti	Mary Cheung-Fuk	
					Angel Tipi	
12:00-1:00 pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
1:00-2:00 pm	Lythie Samifua	Lythie Samifua	Lythie Samifua	Lythie Samifua	Senetenari Malele	
	Tonya Tuigamala	Senetenari Malele	Tonya Tuigamala	Senetenari Malele	Tonya Tuigamala	
					Ella-Monique Misa	
2:00-3:00 pm	Tonya Tuigamala	Senetenari Malele	Lythie Samifua	Bambridge Lin	Senetenari Malele	
	Lythie Samifua	Tonya Tuigamala	Tonya Tuigamala	Tonya Tuigamala	Tonya Tuigamala	
					Tala Ropeti	
3:00-3:30 pm	Tonya Tuigamala	Tala Ropeti	Tonya Tuigamala	Tonya Tuigamala	Tala Ropeti	

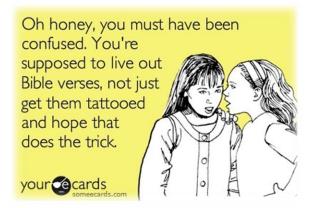
Word of the Day

kakistocracy (kak-uh-stokruh-see) noun

Government by the worst persons; a form of government in which the worst persons are in power.



- 1) Ants never sleep.
- 2) A mule won't sink in quicksand, but a donkey will.
- The strongest muscle in the human body is the tongue.
- 4) A goldfish has a memory span of 3 seconds.
- 5) The letter "n" ends ALL Japanese words not ending in a vowel.



The More You Know...

The Elephant Rope

As a man was passing the elephants, he suddenly stopped, confused by the fact that these huge creatures were being held by only a small rope tied to their front leg. No chains, no cages. It was obvious that the elephants could, at anytime, break away from their bonds but for some reason, they did not.

He saw a trainer nearby and asked why these animals just stood there and made no attempt to get away. "Well," trainer said, "when they are very young and much smaller we use the same size rope to tie them and, at that age, it's enough to hold them. As they grow up, they are conditioned to believe they cannot break away. They believe the rope can still hold them, so they never try to break free."

The man was amazed. These animals could at any time break free from their bonds but because they believed they couldn't, they were stuck right where they were.

Like the elephants, how many of us go through life hanging onto a belief that we cannot do something, simply because we failed at it once before?

Moral: Failure is part of learning; we should never give up the struggle in life.

Thought for the day:

If you really want to do something, you'll find a way; if you don't you'll find an excuse @

Have a great week ©

(ASCC Idol Competition)
Photos courtesy of Jim Kneubuhl







